

8/27/10

Hello Students and Parents,

My name is Mr. Mike Cavill. I will be the substitute physical education teacher while Mrs. Grundahl is away. I am excited to begin the school year at Saint John the Baptist. Prior to this position, I taught elementary PE in the Verona Area School District and high school PE in Denver, CO. I received my education at the University of WI-La Crosse and Appalachian State University in Boone, NC. When I am outside of school I stay active with family and friends. Some of my favorite activities include: running, hiking, fishing, wakeboarding, swimming, snowboarding and weightlifting. I also enjoy watching the Badgers and Packers!

Please stay tuned, in the next few weeks you will see information posted about the 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> grade triathlon at Ripp Park. This event will be a lot of fun for everyone, and is an excellent volunteer opportunity for parents. The date is tentatively scheduled for the last week in September. When the date is finalized you will be

notified. Please check the website for physical education updates.

Feel free to contact me with any questions or concerns: [mike.cavill@straphael.org](mailto:mike.cavill@straphael.org) or 849-5325 ext. 120. I'm looking forward to a great start to the 2010-2011 school year.

Sincerely,

Mr. Cavill